

THEORY OF CHANGE

A community-based Sport for Development framework designed to promote Positive Youth Development in urban communities.

RESOURCES community engagement | nutrition programs | child & youth workers | academic supports | technology

HOW			SHORT TERM	LONG TERM
PLAY ages 6+		Fundamental Movement Skills Intro to Sport Programming	Increase Physical Activity & Literacy Increase Knowledge of Health & Wellness	Increase Confidence & Life Skills Healthier Life Choices & Active for Life
	VOLUNTEER ages 13+	Sport Plus Programing Skill Building & Volunteering	Increase Meaningful Relationships Increase Community Engagements	Increase Academic Attainment Engaged Community Members & Active Citizens
	WORK ages 16+	Employment & Leadership Opportunities	Increase Education & Professional Skill-sets	Increase Employment Opportunities Academic Employment & Security